



Our PURPOSE is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.

Our VISION: Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.

Our MISSION: CSLSG is an open, inclusive, and evolving spiritual community that supports its Purpose and Vision through:

- *Sacred Wisdom Celebrations*
- *Empowering, Transformative Education*
- *Youth and Young Adult Programs*
- *Dynamic Music Ministry*
- *Community In-reach*
- *Community Out-reach*



January 2025

2025 Rising Higher, Growing Deeper

January: Stretching Into Possibility

**The only person you are destined to become is
the person you decide to be.
~Ralph Waldo Emerson**

Visit our Website

Greetings and Happy New Year!

I love this time of year, especially the idea of celebrating with a fresh start! Before I start making new plans, though, I enjoy the wonder of reviewing the year that has just ended. Reviewing what has happened over the past year has many benefits. First, it brings to mind the year's accomplishments and the struggles and challenges we endured and overcame to succeed. In other words, we pave the way to recognize our growth, which most people do not regularly do.



As a spiritual community, I recognize our growth in attendance for in-person services, successful classes, and increased financial offerings. I also recognize the growth of my relationships with many of you. Getting to know you more deeply and personally motivates me to continue to grow and do all I can to assist our Center and its supporters in being a loving expression of Spirit.

Another benefit of reviewing the year is to look at the times when we did not show up as our best Self and gain what wisdom we can from them. Yes, we are individualizations of the One Power and Presence of Divinity, and we have times when we are operating out of conscious alignment with this truth. During these times of personal reflection, let us remember two essential tools: forgiveness and affirmative prayer. Both assist us in staying aligned and in harmony with the truth of who we really are. I highly recommend speaking with one of CSLSG's finest Spiritual Coaches to help with this process.

Once we have made the time to list our accomplishments, review our shortcomings, and forgive ourselves and others, we are now consciously ready to look ahead at our future growth and create a pathway of purpose with passion. But what about goals? Goals are not bad and can be a part of our pathway of purpose if we want them to, but too often, we fail at reaching our goals because we make them for the wrong reasons. We sometimes create goals from a mindset of lack, what's wrong, and guilt, often because the goal is what we think would make others happier.

Let us begin this new year first by recognizing that we are unlimited, loving, and creative spiritual beings. All that God



Live Inspirational Service

In-Person
2nd and 4th Sundays

Online every Sunday
11:00am
(Online Live broadcast starts
at 10:55am)

FACEBOOK LINK
YOUTUBE LINK

Community Zoom
Conversation
After online-only services
12:00pm
ZOOM LINK



PRAYER REQUESTS

**Our Practitioners want to
support you
in prayer.**

Email practitioners
individually (click on their
picture) at **cslsg.org/about**

Meeting
Minutes

is we have access to in this moment. All that you are passionate about now must be what Spirit is also passionate about, because there is only One Life being lived. It is not God's Life and your Life.... that would make two, which is impossible. One Presence, One Power, One Life. Know that the longing in your heart, that passion to change or to create something brand new, is the same passion that Source has and therefore cannot be denied. Like many, you may not know what you are passionate about. Perhaps you do know or think you know, but are not sure how to verify it and take the next step.

If this is you, then join me online January 15th at 6 PM (MST) (5 PM PST) for Creating A Pathway of Purpose with Passion Workshop. This will be held on Zoom with this link: <https://us02web.zoom.us/j/89974942487?pwd=7KMQWURr0iA2sDEUvZdyrwrMkCGeOL.1>

The workshop will be a mix of contemplation, guided meditation, discussion and, of course, Fun! No experience necessary. Have a notebook ready to write down your insights!

The 2025 annual theme for this year is *Rising, Higher, Growing Deeper*, and this workshop will help us start off aligned and empowered! It's a brand-new baby year, and, as we rise higher and grow deeper individually, so does our beloved spiritual home and community at Center for Spiritual Living St. George.

Abundant Blessings and Happy New Year to All!

Joe Kovach
Spiritual Leader CSL St. George

To view
Core Council minutes, please
email:
suegfullmer@gmail.com



If you would like
information about the
financial status of
Center for Spiritual
Living St. George,
please contact:
treasurer@cslstgeorge.org



**Reverend
Joe Kovach**
Senior Minister
*To contact Rev. Joe,
please email
revjoe@cslstgeorge.org*

January 2025 Weekly Talks

Rising Higher, Growing Deeper Stretching Into Possibility

As we embark on a year of rising higher and growing deeper, let's revisit the fundamentals of *Science of Mind: The Thing Itself, The Way It Works, What It Does, and How to Use It* (chapters I-IV of The Science of Mind). It's important to realign with these core principles while also expanding our understanding into our daily lives. Together, we'll explore how to stretch into higher and deeper possibilities by grounding into the Science of Mind principles.

**CSLSG Senior Minister
Reverend Joe Kovach**

*January 5th
God's Nature is Our Nature*



Discover how the divine qualities of love, wisdom, and creativity are inherent within us all. Learn to recognize and embody these attributes in your daily life, unlocking a deeper connection to your true self and the nature of the Divine as you!

January 12th
Making Space For It

Explore practical ways to clear mental and emotional clutter, creating room for new possibilities to emerge. Embrace the power of mindfulness and intentional living to cultivate a fertile ground for growth and transformation.

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.
PLEASE SEE DETAILS BELOW.**

January 19th
It Flows

Dive into the natural flow of abundance and goodness that surrounds us. Understand how aligning with this flow can bring ease and grace into your life, allowing your present life to be the access point for this good!



January 26th
Staff Minister
Rev Rachael Dilling
Choosing Possibility

Empower yourself to make conscious choices that open doors to limitless opportunities. Learn how to shift your mindset and take inspired action toward a future filled with potential and promise.

**THIS SERVICE IS IN-PERSON (and online) AT THE
MASONIC LODGE.**

PLEASE SEE DETAILS BELOW.



Center for Spiritual Living St George Events and Information



The Treasurer's Account

December's mail brought Christmas cards, but January's mail can bring ... Christmas bills! But also watch for a more pleasant piece of mail. January's mail will include a report for your contributions to CSL-St George from last year. If you made identified contributions in 2024 and don't receive a statement by the end of the month (or if you are eager to do your tax return and want your statement early!), please let us know at stgeorgecsl@gmail.com. Please use "Donation Report" in the Subject line so we can quickly identify any inquiries on this subject.

January is also a good time to remind everyone about the Qualified Charitable Distributions (QCD) available in some tax-sheltered retirement accounts. If you have a traditional IRA and are required to take minimum distributions (RMD), consider taking some of your distributions as QCD's. After the latest major tax law changes, very few people itemize on their tax returns, so they no longer can deduct charitable contributions from taxable income. But if you are required to take an RMD and request some of your distribution checks to be made payable to a charitable organization, that portion of your RMD is not counted as taxable income to you, effectively replacing the itemized deduction for these charitable contributions. You can have the check sent to you to forward on to the charity, or some IRA managers may give you the option of sending the check directly to the designated charity. In addition to the traditional (not Roth) IRA, some other retirement accounts also allow QCD's. Check with your IRA account administrator for information on how they handle QCD's.

If you choose to make your contributions to CSL-St George by QCD and don't want to request a check every month (or your IRA administrator limits the number of QCD checks), you can send checks to cover several months—perhaps quarterly, or a single

check for your planned annual contributions. If you do this, please let me know what months the contribution is intended for and I'll spread it over those months.

If you want more general information about QCD's or have any other questions, I'll be happy to discuss them with you.

Charles Smith

CSLSG Core Council Treasurer
treasurer@cslstgeorge.org



Workshop:
Creating A Pathway of
Purpose with Passion

January 15th
6pm MT/5pm PT

Join Rev Joe online for Creating A Pathway of Purpose with Passion Workshop. It will be a mixture of contemplation, guided meditation, discussion, and, of course, FUN! No experience necessary. Have a notebook ready to write

down your insights! (If you have questions, please email Rev Joe - address above.)

This will be held on Zoom with this link:

[https://us02web.zoom.us/j/89974942487?
pwd=7KMQWURr0iA2sDEUvZdyrwrMkCGeO
L.1](https://us02web.zoom.us/j/89974942487?pwd=7KMQWURr0iA2sDEUvZdyrwrMkCGeOL.1)



Share Your Skills!

We invite you to join in on the fun, companionship, and joy of service in our expanding Center. It takes many hands to bring our vision into fruition. Here's how YOU can help:

- Organizing snacks for in-person services
- Apply for Core Council - talk to Rev

Joe or anyone on Council

- Sound tech. Allen provides training - anyone can do it!
- Greeter at services. (Talk to Marina or Anna)
- Do a 2-3 minute reading at online services
- Help setup before in-person service (Just show up at 10am!!)
- Clean up after services (simply stay and lend a hand!)
- Keep your eyes open for our new permanent location

Email stgeorgecsl@gmail.com, revjoe@cslstgeorge.org, or anyone on Core Council to discuss the possibilities (email addresses on website). Or talk to us in person!!

IN-PERSON SUNDAY SERVICES!

**January 12th AND 26th
11:00am**

Come join us and bring a friend!!

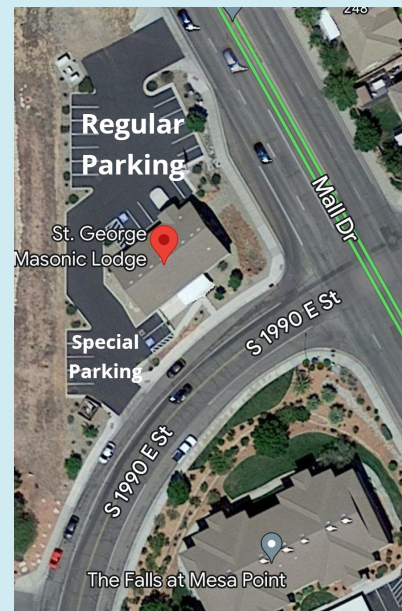
262 S Mall Drive

Entrance at the white awning.

Meet and greet at 10:30.

Stay after for a treat (feel free to bring a dish to share!) and socializing.

Please remember the parking just outside the entrance (7 spots) is reserved for our guests with mobility needs.



SWITCHPOINT Service Project

For 2025 we will start with one dinner service a month: Second Tuesdays of each month will make for easier planning for our team and for Switchpoint. This will begin in February. **The first two dates for our team are February 11 and March 11.** If this works out we have the option of committing to second Tuesdays going

forward. By March, we should be using the new larger industrial kitchen in the new building.

There are many service opportunities and projects in town. If you have other ideas please contact Tim or talk to a member of Core Council. In the meantime we are always looking for new team members!

IF YOU'D LIKE TO BE ON THE LIST, EMAIL Tim McGeachy: tim.mcgeachy@gmail.com



SHARE IN THE New Year's ABUNDANCE AND PROSPERITY

Give with Zelle: [HERE](#) are the instructions. EMail us if you need further assistance: treasurer@cslstgeorge.org

Give Online: Paypal link is on our website (grey button below): [cslsg.org](https://www.cslsg.org) on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG
PO Box 3132, St. George, UT 84771

Paypal online donation

Visit our Website

Centers for Spiritual Living Opportunities



Centers for Spiritual Living has a lot to offer at [csl.org](https://www.csl.org).

Published for nearly 100 years, Science of Mind magazine subscription can be obtained at:
<https://scienceofmind.com/subscribe/>

CLICK to request a prayer at [World Ministry of Prayer](#)
CLICK for [Heart of Peace Initiative](#)

CLICK for [Spiritual Living Circles](#)
CLICK for [CSL Books](#)
CLICK for [CSL Spiritual Tools](#)

St George Interfaith Council Opportunities

Prayer Over the City

Wednesday January 1 at Noon
St George Tabernacle
jimikestin@gmail.com



2025 Interfaith Harmony Concert "We Are One Family"

Saturday, March 22, 2025 6pm
Kuzy Hall @ SG Catholic Church



St George Interfaith Choir

To join rehearsals any time contact
Kathy Brown kathybrown13@gmail.com.
All singers are welcome.



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | <https://www.cslsg.org>

STAY CONNECTED



Center for Spiritual Living St. George | PO Box 3132 | St. George, UT 84771 US

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