



*Our **PURPOSE** is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.*

*Our **VISION**: Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.*

*Our **MISSION**: CSLSG is an open, inclusive, and evolving spiritual community that supports its Purpose and Vision through:*

- *Sacred Wisdom Celebrations*
- *Empowering, Transformative Education*
- *Youth and Young Adult Programs*
- *Dynamic Music Ministry*
- *Community In-reach*
- *Community Out-reach*



Unstatus Quo Trauma 101

When you open, you bring more energy into the system, and it can heal.

Energy can heal, and that's why love can heal.

~ Michael A Singer, *The Untethered Soul: The Journey Beyond Yourself*

Visit our Website

August 11th Trauma 101

It is crucial that we begin to discuss the often taboo topic of trauma in our Spiritual communities if we are to support every individual's right to a grand rising. Very few, if any, people are immune to trauma, including individual experiences of abuse, ACEs (Adverse Childhood Experiences), poverty, medical trauma, or collective experiences of war, displacement, terrorist attacks, mass shootings, and natural disasters, to name just a few. Science of Mind provides a strong foundation of principles to support and facilitate healing, and yet we must go beyond knowing Truth in Spiritual Mind Treatment to acting in ways that promote healing, wholeness, and compassion in our communities.

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.
PLEASE SEE DETAILS BELOW.**



**Reverend
Joe Kovach**
Spiritual Minister

*To contact Rev. Joe,
please email
revjoe@cslstgeorge.org*



PRAYER REQUESTS

Our Practitioners want to support you in prayer.

Email practitioners individually (click on their picture) at cslsg.org/about



**Live Inspirational
Service**

In-Person
11:00am
(Online Live broadcast starts at 10:55am)

FACEBOOK LINK
YOUTUBE LINK

NO Community Zoom
Conversation
THIS WEEK

HELP WANTED

We need a couple people willing to train with Allen to handle the sound tech duties during our in-person services. No previous experience needed!!

This is your opportunity to help our Center expand and grow!!

**Please email Allen at:
calzephyr53@gmail.com**



SOUND TEC



SWITCHPOINT Volunteering

We have 4 volunteers for our Switchpoint Dinner shift August 20, and 5 volunteers for our Lunch shift August 26. Switchpoint is very appreciative of

our commitment.

IF YOU'D LIKE TO JOIN US OR BE ON THE LIST NEXT TIME, EMAIL Tim McGeachy tim.mcg10003@gmail.com



IN-PERSON SUNDAY SERVICE!

August 11th, 11:00am

Come join us and bring a friend!!

262 S Mall Drive

Entrance at the white awning.

Meet and greet at 10:30.

Stay after for a treat (feel free to bring a dish to share!) and socializing.

Please remember the parking just outside the entrance (7 spots) is reserved for our guests with mobility needs.

POTLUCK WITH US

Core Council will continue to provide coffee, tea, water and pastries at our in-person services.

AND we invite ANYONE to bring their favorite potluck snacks.



SHARE IN



ABUNDANCE AND PROSPERITY

Give with Zelle: Zelle is a bank-to-bank transfer system. [HERE](#) are the instructions. EMail us if you

need further assistance: treasurer@cslstgeorge.org

Give Online: Paypal link is on our website: cslsg.org on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG
PO Box 3132, St. George, UT 84771

Paypal online donation

Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | <https://www.cslsg.org>

STAY CONNECTED



Center for Spiritual Living St. George | PO Box 3132 | St. George, UT 84771 US

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