

Our <u>PURPOSE</u> is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.

Our <u>VISION:</u> Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.

Our <u>MISSION:</u> CSLSG is an open, inclusive, and evolving spiritual community that supports its Purpose and Vision through:

*Sacred Wisdom Celebrations

*Empowering, Transformative Education

*Youth and Young Adult Programs

*Dynamic Music Ministry

*Community In-reach

*Community Out-reach



2025 Rising Higher, Growing Deeper February: Radical Interconnection

February 9 2025 You Are Enough -

The Art of Happiness

I embrace the wonder of life knowing I am enough.

Visit our Website

February 9th

<u>You Are Enough - The</u> <u>Art of Happiness</u>

The Art of Happiness is the art of living deeply in the present moment. With mindfulness and insight, we can free ourselves from restlessness and craving, and realize we already have enough, and we are enough to be content.



THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.
PLEASE SEE DETAILS BELOW



Reverend
Joe Kovach
Spiritual Director
To contact Rev. Joe, please email
revjoe@cslstgeorge.org



Live Inspirational Service

In-Person
(and online)
11:00am
(Online Live broadcast starts
at 10:55am)

FACEBOOK LINK
YOUTUBE LINK

No Community Zoom This Week.



PRAYER REQUESTS
Our Practitioners want to
support you
in prayer.
Email practitioners
individually (click on their

picture) at cslsg.org/about

NEW CLASS OFFERING

Change Your Thinking, Change Your Life

5-week course beginning Tuesday February 18th 6pm MT/5pm PT

> 2.5 hour class \$50 investment



Welcome to *Change Your Thinking, Change Your Life*. This course, which will be taught by Rev Rachael Dilling, is designed to uncover beliefs, thoughts, and behaviors around relationships, money, and health. Using powerful tools and narrative, discover how to improve these areas where necessary, and grow in areas that are already good.

This class contains 6 modules: Begin Where You Are, Using Spiritual Principles and Practices to Facilitate Change, Creating Thriving Relationships, Abundance is Your

Natural State, Health and Wholeness, and Wrap-Up and Celebration.

This class fulfills requirements for foundational classes to take more advanced classes, AND fulfills the requirement for applying for CSLSG Core Council.

Please register by emailing Rev Rachael Dilling at <u>RNDilling@gmail.com</u>. Your registration fee can be paid through PayPal or Zelle. Please note that your payment is for the class.

(Zelle instructions <u>HERE</u> .)

Paypal online donation



Share Your Skills!

We invite you to join in on the fun, companionship, and joy of service in our expanding Center. It takes many hands to bring our vision into fruition. Here's how YOU can help:

- Organizing snacks for in-person services
- Apply for Core Council talk to Rev

Joe or anyone on Council

- Sound tech. Allen provides training anyone can do it!
- Greeter at services. (Talk to Marina or Anna)
- Do a 2-3 minute reading at online services
- Help setup before in-person service (Just show up at 10am!!)
- Clean up after services (simply stay and lend a hand!)
- Keep your eyes open for our new permanent location

Email <u>stgeorgecsl@gmail.com</u>, <u>revjoe@cslstgeorge.org</u>, or anyone on Core Council to discuss the possibilities (email addresses on website). Or talk to us in person!!

NEXT IN-PERSON SUNDAY SERVICES!

February 23rd 11:00am

Come join us and bring a friend!!



SHARE IN THE New Year's ABUNDANCE AND PROSPERITY

Give with Zelle: <u>HERE</u> are the instructions. EMail us if you need further assistance: <u>treasurer@cslstgeorge.org</u>

Give Online: Paypal link is on our website (grey button below): <u>cslsg.org</u> on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG PO Box 3132, St. George, UT 84771

Paypal online donation

Visit our Website

2025 Interfaith Harmony Concert "We Are One Family"

Saturday, March 22, 2025 6pm Kuzy Hall @ SG Catholic Church

Join the CSLSG Joy Singers by contacting Allen or replying to this email.

Or, simply show up for the fun on March 22nd.



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | https://www.cslsg.org

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