



*Our PURPOSE is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.*

*Our VISION: Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.*

*Our MISSION: CSLSG is an open, inclusive, and evolving spiritual community that supports its Purpose and Vision through:*

- \*Sacred Wisdom Celebrations*
- \*Empowering, Transformative Education*
- \*Youth and Young Adult Programs*
- \*Dynamic Music Ministry*
- \*Community In-reach*
- \*Community Out-reach*



**Power to the People**

**The most common way people give up their power is by thinking they**

**don't have any.**  
~ Alice Walker

Visit our Website

### **A Journey of Growth: How Our Church Thrives Through Community, Leadership, and Peace**



In a world constantly changing, especially through the uncertainties and challenges of recent years, our small but mighty church has flourished—not by chance, but through a deep commitment to community, extraordinary leadership, and an unshakeable foundation of peace.

It's not always easy, and at times, it has felt as if we were breaking into pieces, each fragment representing a challenge or hardship we've had to face together. But the truth is, these were not moments of breaking down, but rather the growing pains that precede transformation. It's the peace that resides within us, always present and unwavering, that has made us incredibly strong. Peace is not just an idea we hold onto in times of calm, but the core of who we are as a community.

Even through the hardest times—like the global pandemic that forced many centers to close their doors—we thrived. Our church not only survived but flourished during COVID-19. We became a beacon for those searching for connection and solace, even when physically distanced. Oneness, peace, and harmony have always been the heart of our church, and it's that foundation that held us together, guiding us through uncertain times.

What I'm realizing now is that, like the legendary phoenix rising from the ashes, we too are in the midst of a grand rising. Our growth isn't something sudden or unexpected—it is the result of years of dedication, prayer, and the collective belief in the power of what we're building together. When we embrace peace and joy, and fully recognize the strength of our specific community, everything we've envisioned for our Center for Spiritual Living St. George comes into being. And the growth that follows is exponential, each success building upon the last.

As a practitioner, I've witnessed this firsthand. Over the years, I've never faltered in my belief that our teaching and community would rise, even when things seemed difficult or uncertain. The vision for a beautiful Center for Spiritual Living in St. George has never wavered, and now, we are seeing it unfold. Our leadership continues to



### **PRAYER REQUESTS** **Our Practitioners want to support you in prayer.**

Email practitioners individually (click on their picture) at [cslsg.org/about](https://cslsg.org/about)



To view Core Council minutes, please email: [suegfullmer@gmail.com](mailto:suegfullmer@gmail.com)



If you would like information about the financial status of Center for Spiritual Living St. George, please contact: [treasurer@cslstgeorge.org](mailto:treasurer@cslstgeorge.org)



inspire us, our community remains strong, and the sense of peace that has always been at our core guides us forward into a future of even greater possibilities.

So, I invite each of us to piece together the vision of a new location that is truly ours—a space where we can manifest everything we desire. Imagine Reverend Joe and his family settling into their new residence, and envision all the little details that we want to see reflected in our center and in our broader community. The beauty of this process is that as we collectively hold this vision, we co-create a reality filled with love, abundance, and spiritual fulfillment.

I leave you with a quote that rings true to my awareness of the process we are in:

*“Peace: It does not mean to be in a place where there is no noise, trouble, or hard work. It means to be in the midst of those things and still be calm in your heart.”*

With this calm, this peace, and this unity, our center is destined to rise and flourish, just as we’ve always known it would.

**Much love,  
Your devoted Practitioner,  
Christopher McArdle, RScP**

## **Live Inspirational Service**

In-Person  
2nd and 4th Sundays

Online every Sunday  
11:00am  
(Online Live broadcast starts  
at 10:55am)

**[FACEBOOK LINK](#)  
[YOUTUBE LINK](#)**

Community Zoom  
Conversation  
After online-only services  
12:00pm  
**[ZOOM LINK](#)**



**Reverend  
Joe Kovach**  
Spiritual Minister

*To contact Rev. Joe,  
please email  
[revjoe@cslstgeorge.org](mailto:revjoe@cslstgeorge.org)*

## **October 2024 Weekly Talks**

### **Power to the People**

A Grand Rising with power begins within us. We do our inner work to create a relationship with our inner power that supports us. As we forgive and heal our internal relationship with power, we take the next step in rising by how we express our personal power. This step asks us to release our hidden agendas. We begin to express our power with integrity and authenticity. Power expressed in this manner supports and draws those around together in support of shared causes and ideas. Coming together in our authentic power multiplies what we can do. The difference for Good we can make as a group, community, and more is expanded... to express our power.

**CSLSG Spiritual Minister  
Reverend Joe Kovach**

*October 6th  
Power Within*

Power can be a triggering word. A trigger because each of us has differing experiences with power. We can reduce the triggers by



doing our inner work to create a clean relationship with our personal power. We begin by going within to discover our beliefs around power. Acknowledgement, Forgiveness, Compassion for ourselves and others, and our spiritual practices, are the tools we'll use to begin healing our relationship with power.

### *October 13th Our Personal Power*

The journey toward clean personal power is always going on within us. How power shows up and out pictures in our life reveals how our inner work is going. Supportive questions to ask ourselves include; is there a hidden agenda in my expression of power?, or how does my expression of power relate to my values?

When asked what to pray for, Ernest Holmes answered by saying we can pray for anything that brings more life and harms no one. This approach works with our use of power as well. Am I using my power to bring more life? Does my expression of power harm others? How can I use my personal power in a more clean and life sustaining way?

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.  
PLEASE SEE DETAILS BELOW.**

### *October 20th Power Together*

This week, our focus shifts from personal power to embracing the transformative potential of collective power. Numerous examples illustrate the strength of unity when individuals come together with shared purpose. Collaborating with a common goal allows us to recognize the profound benefits of working as a cohesive force.

Human interactions inevitably invite diverse opinions and ideas, presenting an opportunity for empowerment. We must contemplate how we can both empower others and be empowered ourselves in this dynamic process.

As we unite around a purpose, a sense of community flourishes, offering vital support and connection. The shared commitment softens the boundaries that separate us, fostering a deeper understanding of ourselves and others as fellow beings on a shared journey. Through collective power, we discover the beauty of collaboration, celebrating the richness of our unique perspectives while working harmoniously to co-create a reality filled with compassion, growth, and positive transformation.



### *October 22nd Staff Minister*

**Rev Rachael Dilling**

### *Power to Create a World that Works for Everyone*

In the Sermon by the Sea, Ernest Holmes calls us to be, "for something and against nothing." Standing in our authentic power allows us to stand for Truth, allowing ourselves to be so strongly for Principle that we are clear, kind, and unmoved, regardless of what the world around us looks like. This week, we ask ourselves, "What does a World that Works for Everyone look and feel like?" "What aspect of this vision is mine to do?"

**THIS SERVICE IS IN-PERSON (and online) AT THE  
MASONIC LODGE.**



meeting more often or ALL the time!!!

Email [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com), [revjoe@cslstgeorge.org](mailto:revjoe@cslstgeorge.org), or anyone on Core Council to discuss the possibilities. Or talk to us in person!!

**We are still looking for someone to fill Gracie's expansive shoes!! Website and Social Media Coordinator requires knowledge and experience with social media and a commitment of approximately 10-15 hours a month. We offer a \$150 monthly stipend.**

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## ***SWITCHPOINT Volunteering***

The Switchpoint meal service project continues! We have been serving during the months of August and September. Participating members have enjoyed the experience. Switchpoint is very appreciative of our efforts. We have two dates in October and could use some additional help... October 11 and October 22.

**IF YOU'D LIKE TO BE ON THE LIST, EMAIL Tim McGeachy [tim.mcg10003@gmail.com](mailto:tim.mcg10003@gmail.com)**

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## ***IN-PERSON SUNDAY SERVICES!***

**October 13th AND 27th  
11:00am**

**Come join us and bring a friend!!**

***262 S Mall Drive***

Entrance at the white awning.

**Meet and greet at 10:30.**

**Stay after for a treat (feel free to bring a dish to share!) and socializing.**

Please remember the parking just outside the entrance (7 spots) is reserved for our guests with mobility needs.



## ***SHARE IN ABUNDANCE AND PROSPERITY***

**Give with Zelle: HERE are the instructions. Email us if you need**

further assistance: [treasurer@cslstgeorge.org](mailto:treasurer@cslstgeorge.org)

**Give Online:** Paypal link is on our website: [cslsg.org](http://cslsg.org) on the Donation page; or Paypal direct with **blue button below**.

**Give by Mail:** Send checks to CSLSG  
PO Box 3132, St. George, UT 84771

Paypal online donation

Visit our Website

## Centers for Spiritual Living Opportunities

Centers for Spiritual Living has a lot to offer at [csl.org](http://csl.org).

Published for nearly 100 years, Science of Mind magazine subscription can be obtained at:

<https://scienceofmind.com/subscribe/>

**CLICK** to request a prayer at World Ministry of Prayer

**CLICK** for Heart of Peace Initiative

**CLICK** for Spiritual Living Circles

**CLICK** for CSL Books

**CLICK** for CSL Spiritual Tools



## St George Interfaith Council Opportunities

### St George Interfaith Choir

To join rehearsals any time contact  
**Kathy Brown** [kathybrown13@gmail.com](mailto:kathybrown13@gmail.com).  
**All singers are welcome.**



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com) | <https://www.cslsg.org>

STAY CONNECTED



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