

## Welcome to March



March is the month that supposedly comes in like a lion and out like a lamb. A couple fun facts about March: Alexander Graham Bell was born in March of 1847 and patented the telephone in March, 1876 – only 29 years later. Albert Einstein was born on March 14th of 1879. Bob Dylan’s first album was released in March of 1962 and the first life was saved using penicillin in March of 1942.



March is a big month for women! Vladimir Lenin started it off in 1922 when he declared March 8th as Women’s Day in Russia. On March 3rd in 1913 the first women’s suffrage protest (parade) was held in Washington DC. The United Nations promoted March 8th as Women’s Day globally in 1977 and, since 1987, the United States has formally recognized March as National Women’s History Month.

March is, also, a big month for college basketball. The annual March Madness NCAA basketball tournament begins March 18th with 68 teams vying for the national championship.

This March is remarkable for CSLSG as our monthly theme changes to “The Flow of Coming and Going”. We will explore how—in the face of life’s constant changes and the noise of the world (like March Madness)—we can maintain self-awareness through our spiritual practices, such as meditation, sitting in silence, and mindfulness. By becoming aware of thoughts that keep us distracted from our true essence, we can experience our divinity, even in the constant flow of life’s comings and goings.

In week #1, Rev Joe will talk about “Navigating the Tides of Life”, dealing with constant change, and navigating the ever-changing tides of life divinely.

In week #2 we will meet in-person as we learn about “The Still Small Voice” and how we distinguish between Ego and Intuition – and how to cultivate the latter.

Week #3’s theme is “I Got It, I Lost It”—all about the dance between our imaginary sense of identity (the ego-self) and our True Divine Nature. Who Are You...Really?

With Week #4 we will be back in-person with Rev. Rachael talking about “Planting My Intentions”. This week we look at how we can align with the energy of Spring and the Creative Process, consciously sowing new intentions, free of the ego and rooted in gratitude.

And finally, Week #5 brings our Practitioner Team back with another chapter of Practitioners Plugged-In. This time we will be discussing “Blossoming in the Swaying” and explore how being true to who we are opens the door to being open at the top and blossoming in the swaying. [And speaking of swaying – and change – don’t forget that on March 9th, we will transition to Daylight Savings Time, so remember to spring forward on that day.]

I’ll close with a quote from our founder: “When you feel intimately and deeply that nothing separates you from God, you feel a great sense of satisfaction, peace, strength, and freedom come over you that no one who has not chosen to ascend to a much higher spiritual consciousness could ever have.” — *Ernest Holmes, “How to Change Your Life”*

**Blessings,  
Bill Smith, RScP  
Practitioner**