



*Our **PURPOSE** is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.*

*Our **VISION**: Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.*

*Our **MISSION**: CSLSG is an open, inclusive, and evolving spiritual community that supports its Purpose and Vision through:*

- *Sacred Wisdom Celebrations*
- *Empowering, Transformative Education*
- *Youth and Young Adult Programs*
- *Dynamic Music Ministry*
- *Community In-reach*
- *Community Out-reach*



March 2025

**2025 Rising Higher, Growing Deeper
March: The Flow of
Coming and Going**

In the comings and goings of life, there are often storms. Our True Essence is calm, like the eye of a hurricane. The surface winds of life can't touch our eye/center. From this calm eye, we more easily navigate any challenges calling upon our eternal intelligence.

[Visit our Website](#)



WOMEN'S HISTORY MONTH





HAPPY
St. Patrick's
DAY

The text is decorated with a green leprechaun hat on the word "St.", several green shamrocks, and a small green clover on the word "DAY".

Welcome to March

March is the month that supposedly comes in like a lion and out like a lamb. A couple fun facts about March: Alexander Graham Bell was born in March of



**Live Inspirational
Service**

In-Person

1847 and patented the telephone in March, 1876 – only 29 years later. Albert Einstein was born on March 14th of 1879. Bob Dylan's first album was released in March of 1962 and the first life was saved using penicillin in March of 1942.



March is a big month for women! Vladimir Lenin started it off in 1922 when he declared March 8th as Women's Day in Russia. On March 3rd in 1913 the first women's suffrage protest (parade) was held in Washington DC. The United Nations promoted March 8th as Women's Day globally in 1977 and, since 1987, the United States has formally recognized March as National Women's History Month.

March is, also, a big month for college basketball. The annual March Madness NCAA basketball tournament begins March 18th with 68 teams vying for the national championship.

This March is remarkable for CSLSG as our monthly theme changes to "The Flow of Coming and Going". We will explore how—in the face of life's constant changes and the noise of the world (like March Madness)—we can maintain self-awareness through our spiritual practices, such as meditation, sitting in silence, and mindfulness. By becoming aware of thoughts that keep us distracted from our true essence, we can experience our divinity, even in the constant flow of life's comings and goings.

In week #1, Rev Joe will talk about "Navigating the Tides of Life", dealing with constant change, and navigating the ever-changing tides of life divinely.

In week #2 we will meet in-person as we learn about "The Still Small Voice" and how we distinguish between Ego and Intuition – and how to cultivate the latter.

Week #3's theme is "I Got It, I Lost It"—all about the dance between our imaginary sense of identity (the ego-self) and our True Divine Nature. Who Are You...Really?

2nd and 4th Sundays

Online every Sunday

11:00am

(Online Live broadcast starts at 10:55am)

FACEBOOK LINK

YOUTUBE LINK

Community Zoom

Conversation

After online-only services

12:00pm

ZOOM LINK



PRAYER REQUESTS

Our Practitioners want to support you in prayer.

Email practitioners individually (click on their picture) at csls.org/about



To view
Core Council minutes, please
email:

suegfullmer@gmail.com



If you would like
information about the
financial status of
Center for Spiritual

With Week #4 we will be back in-person with Rev. Rachael talking about “Planting My Intentions”. This week we look at how we can align with the energy of Spring and the Creative Process, consciously sowing new intentions, free of the ego and rooted in gratitude.

And finally, Week #5 brings our Practitioner Team back with another chapter of Practitioners Plugged-In. This time we will be discussing “Blossoming in the Swaying” and explore how being true to who we are opens the door to being open at the top and blossoming in the swaying. [And speaking of swaying – and change – don't forget that on March 9th, we will transition to Daylight Savings Time, so remember to spring forward on that day.]

I'll close with a quote from our founder: “When you feel intimately and deeply that nothing separates you from God, you feel a great sense of satisfaction, peace, strength, and freedom come over you that no one who has not chosen to ascend to a much higher spiritual consciousness could ever have.” — *Ernest Holmes, “How to Change Your Life”*

Blessings,

**Bill Smith, RScP
Practitioner**

Living St. George,
please contact:
treasurer@cslstgeorge.org



**Reverend
Joe Kovach**
Spiritual Director
To contact Rev. Joe,
please email
revjoe@cslstgeorge.org

March 2025 Weekly Talks

Rising Higher, Growing Deeper **The Flow of Comings and Goings**

Based on this Principle of Oneness we can navigate the back and forth, the ups and downs of life, by centering ourselves and pausing. Such as when we perform an invocation or blessing, and then are able to observe our thoughts free of criticism or judgment, allowing for a flow into Unity Consciousness with and as the Whole.



CSLSG Spiritual Director
and Senior Minister
Reverend Joe Kovach

March 2nd
Navigating the Tides of Life

Change is constant. The world can feel like a sea of constant changing tides. How can we navigate these tides and stay true to our divinity?

March 9th
The Still Small Voice

How do we distinguish between the chattering voice of our ego and the true voice of intuition? Can the answer be found in spiritual practice? (Hint - *yes it can.*)

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.
PLEASE SEE DETAILS BELOW.**

March 16th
I Got It, I Lost It

When we allow Stillness to speak to us, we awaken from this inherited mental conditioning. Our consciousness becomes liberated from all dual situations, allowing for the state of wholeness; which washes away any false belief about who and what we are (not).



Staff Minister
Reverend Rachael Dilling

March 23rd
Planting My Intentions

Gratitude opens the door to positive feelings such as happiness, joy, and love. In this way, gratitude sows a shift, a feeling of love that blooms in your cells and your consciousness.

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.
PLEASE SEE DETAILS BELOW.**



Practitioners Plugged-In

March 30th
Blossoming in the Swaying

In the face of the ongoing ebb and flow of life's changes, how can we flourish and bloom? How do we find comfort in discomfort and be true to the truth of who we are? This week we explore how being true to who we are opens the door to being open at the top and blossoming in the swaying.

Center for Spiritual Living St George
Events and Information

IN-PERSON SUNDAY SERVICES!

March 9th AND 23rd
11:00am

Come join us and bring a friend!!

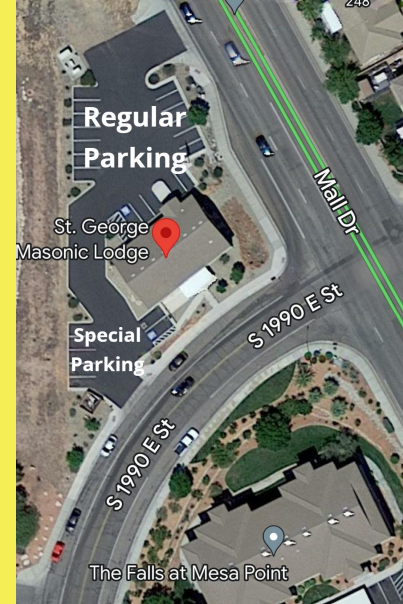
262 S Mall Drive

Entrance at the white awning.

Meet and greet at 10:30.

Stay after for a treat (feel free to bring a dish to share!) and socializing.

Please remember the parking just outside the entrance (7 spots) is reserved for our guests with mobility needs.



ANNUAL MEETING

MARK YOUR CALENDAR!

ANNUAL MEETING

APRIL 13th

12:30pm

After Service

- Treasurer, Charles Smith, will provide current financial info.
 - Members will vote on NEW Core Council officers.
- We'll say Thank You to Sue Fullmer who ends her second term (six years) as Core Council Secretary.
- This is also your chance to ask questions and make suggestions.

DON'T MISS IT!!



Share Your Skills!

We invite you to join in on the fun, companionship, and joy of service in our expanding Center. It takes many hands to bring our vision into fruition. Here's how YOU can help:

- Organizing snacks for in-person services
- Sound tech. Allen provides training -

anyone can do it!

- Greeter at services. (Talk to Marina or Anna)
- Do a 2-3 minute reading at online services
- Help setup before in-person service (Just show up at 10am!!)
- Clean up after services (simply stay and lend a hand!)
- Keep your eyes open for our new permanent location

Email stgeorgecsl@gmail.com, revjoe@cslstgeorge.org, or anyone on Core Council to discuss the possibilities (email addresses on website). Or talk to us in person!!



SHARE IN ABUNDANCE AND PROSPERITY

Give with Zelle: [HERE](#) are the instructions. EMail us if you need further assistance: treasurer@cslstgeorge.org

Give Online: Paypal link is on our website (grey button below): cslsg.org on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG
PO Box 3132, St. George, UT 84771

Paypal online donation

Visit our Website

Centers for Spiritual Living Opportunities



Centers for Spiritual Living has a lot to offer at csl.org.

Published for nearly 100 years, Science of Mind magazine subscription can be obtained at:

<https://scienceofmind.com/subscribe/>

CLICK to request a prayer at World Ministry of Prayer

CLICK for Heart of Peace Initiative

CLICK for Spiritual Living Circles

CLICK for CSL Books

CLICK for CSL Spiritual Tools

St George Interfaith Council Opportunities

2025 Interfaith Harmony Concert

"We Are One Family"

Saturday, March 22, 2025 6pm

Kuzy Hall @ SG Catholic Church

Join the CSLSG Joy Singers by contacting Allen

or replying to this email.
Or, simply show up for the fun on March 22nd



St George Orthodox Church
Groundbreaking

Saturday, March 29, 2025 10am

1570 N Coral Canyon Blvd

Washington

New Building Site

Father Mykel Giannakakos

Reception following at Coral Canyon Clubhouse

2654 Red Cliffs Drive, St George



St George Interfaith Choir

To join rehearsals any time contact

Kathy Brown kathybrown13@gmail.com.

All singers are welcome.



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | <https://www.cslsg.org>

STAY CONNECTED



Center for Spiritual Living St. George | PO Box 3132 | St. George, UT 84771 US

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